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**Elder Care and Nursing Homes Are Attracting Younger Residents**

**May 16, 2016** – What do you do when Hospitals & Health Care Plans discharge you but you’re not yet ready to go home and recover on your own? Where do you go for short term care or rehab services? Skilled Nursing facilities are taking in younger patients and those “nursing homes” aren’t your grandparents’ nursing homes anymore.

A video feature we just completed focused on such a scenario. John Costa suffered two strokes immediately after having bypass surgery. At the age of 54, John has been rehabbing and recovering in a skilled nursing facility, undergoing physical, occupational and speech therapy. This is a level of treatment he could not have achieved at home, and though he is not currently living with his family, living at the facility allows his family to lead their busy lives at home and visit as often as they like. John is improving with the help of specialized care and improving constantly. His wife and four children, the youngest son now 8, are all happy to see his progress, now giving hugs and the occasional kiss goodbye. John is getting his own life back with mindful oversight and quality, skilled nursing.

If you would like to do a similar human interest story of your own, we can help. Contact us directly and we can offer many people who will be happy to tell their own story.

Visit our multimedia website for John’s full story with video, audio, and related content

<http://dnr.vnr1.com/2016/04/04/Goldenliving_Rehab/>

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